Participatory research in PREM

Nanne Bos, program lead patient centered care, Nivel (Utrecht, The Netherlands)

Helsinki, June 12th



Definition of patient and public involvement

Patient and public involvement (PPI):

Research being carried out with or by members of the public rather than to, about or for them



Why patient involvement in PREMs?

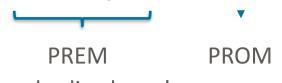
- The moral case of listening to and acting on people's views. Patients have a right to provide input to healthcare.
- Person-centered care
- Value-based health care
- Benefits:
 - Improving validity of PREM
 - Reducing 'development and measurement waist'





Quality indicators from patients perspective

• Structure, process, outcome indicators



'standardized way'

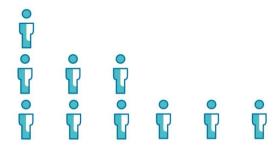
Generic **PREM** topics and questions:

- <u>Treatment</u>: Overall, did you feel you were treated with respect and dignity while you were in hospital?
- <u>Communication</u>: Did doctors talk in front of you as if you weren't there?
- <u>Information</u>: Did the doctors or nurses give your family or someone close to you all the information they needed to help you recover?
- <u>Shared decision making</u>: Did you want to be more involved in decisions made about your care and treatment?



PREMs: where to start?

- Define goal:
 - Shared decision making and/or evaluation individual level
 - Quality improvement and/or benchmarking group level
 - Accountability and efficiency population level
- Join existing initiatives:
 CAHPS, CQ-index, Picker initiative (PPE-15)
- Join forces with like-minded providers
- Start from scratch?
 - Leverage existing PREM, check relevance with patients
 - Sampling, data collection and analysis → involve expertise on survey research

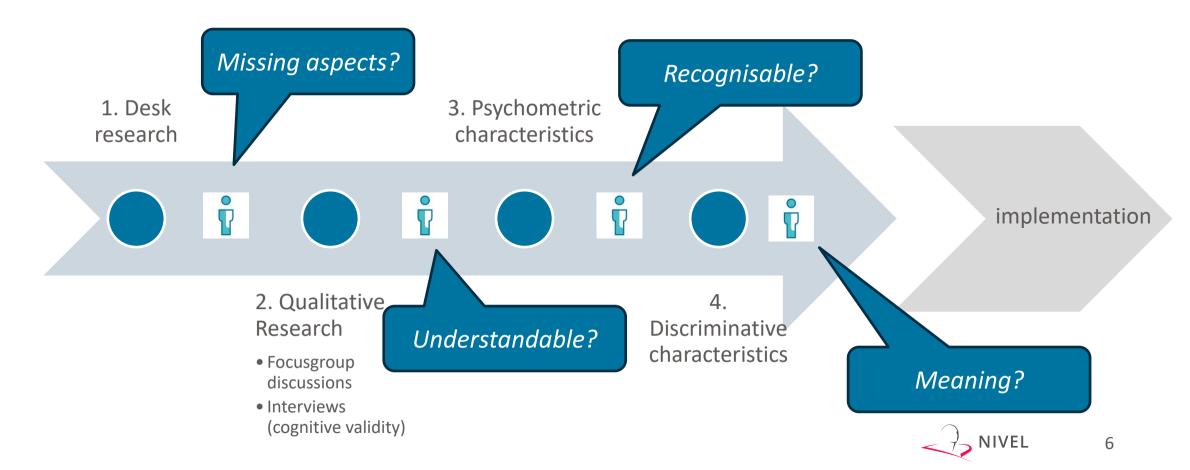




Involve patients in PREM development process

Phase 1 + 2: What kind of experiences, attitudes, opinions are present in a population?

Phase 3 + 4: **How many** of each type of experiences, attitudes, opinions are present in a population?



Example cognitive test: PREM C (Australia)

Original question	Reworded question
My tests (e.g. blood tests, X-rays and scans) were undertaken when they needed to be	In general, I did not have to wait long for my tests (e.g. blood tests, x-rays and scans)
The health professionals involved in my care coordinated my care well	The health professionals involved in my care coordinated the different aspects of my care well
The information I received about my treatment was accurate	The different health professionals involved in my care always gave me similar information

Reid C, Jones L, Janda M, Langbecker D, Stone L, Laing B, McCarthy A. Development and testing of a patient-reported experience measure for cancer: A cross-sectional survey. J Adv Nurs. 2024 Jan;80(1):312-327. doi: 10.1111/jan.15767. Epub 2023 Jul 11. PMID: 37432759.



Cultural adaption for international use of PREM

Example:

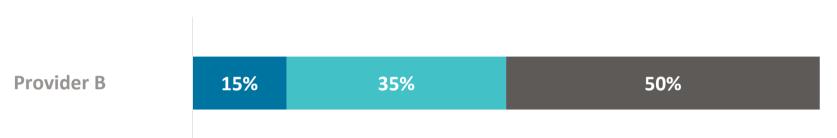
- Focus group discussions with participants with a different cultural background (N=94; 62% women)
- Consensus about important quality-of-care themes: Treatment, Communication, Expertise, Accessibility
- Some additional culture sensitive items were requested
 - Culture-differences issues:
 - The nurse (or nurse practitioner) taking care instead of the doctor Shared decision making (being responsible for ones' own health)
 - Questionnaire issues:
 - Order of questions, unnecessary questions, unclear introductions

Think-aloud interviews proved highly valuable in the process of questionnaire design!



And then you have data....





With data, you know what you score what you score!!



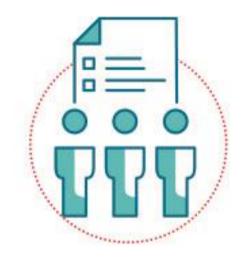


From data to better care

• This really requires an additional process that must be organized and resourced



Brainstorm with professionals AND patients



Additional qualitative methods



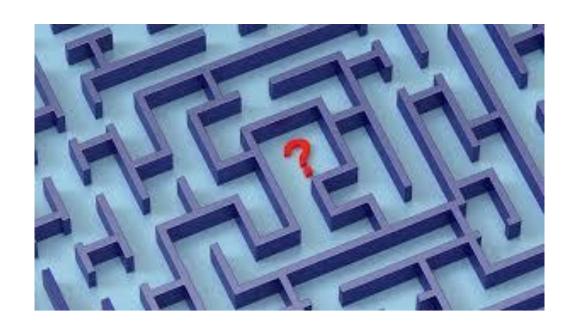
Study answers to open questions in questionnaire



Take home messages

- Think about the goal(s) of measuring patient experiences before you start. Is a PREM the right way to go?
- Qualitative methods can be very informative as well
- Involve patients in the development/implementation process of PREMs

Questions



Research for better care

Nanne Bos

PROGRAM LEAD PATIENT CENTERED CARE

www.nivel.nl/n.bos@nivel.nl

